Nothing that can be said in words is worth saying.

– Lao-tse

I don’t know whether I can sustain myself for thirty minutes of saying I know nothing - or that I need to try, since I might prove no more than you already suspect, or, even worse, persuade you of the fact. Nothingness contains no images to focus and brighten the mind, no contrarieties to build up muscular tension: it has no place for argumentation and persuasion, comparison and contrast, classification, analysis. As nothingness is more perfectly realized, there is increasingly less (if that isn’t contradictory) to realize, less to say, less need to say. Only silence perfects silence. Only nothingness contributes to nothingness. The only perfect paper I could give you would be by standing silent before you for thirty minutes. But I am going to try this imperfect, wordy means to suggest why silence is finally the only perfect statement.

I have gone in for the large scope with no intention but to make it larger; so I have had to leave a lot of space "unworked," have had to leave out points the definition of any one of which could occupy a paper longer than this. For though we often need to be restored to the small, concrete, limited, and certain, we as often need to be reminded of the large, vague, unlimited, unknown.

I can’t tell you where a poem comes from, what it is, or what it is for: nor can any other man. The reason I can’t tell you is that the purpose of a poem is to go past telling, to be recognised by burning.

I don’t, though, disparage efforts to say what poetry is and is for. I am grateful for - though I can’t keep up with - the flood of articles, theses, and textbooks that mean to share insight concerning the nature of poetry. Probably all the attention to poetry results in some value, though the attention is more often directed to lesser than to greater values.

Once every five hundred years or so, a summary statement about poetry comes along that we can't imagine ourselves living without. The greatest statement in our language is Coleridge’s in the Biographia. It serves my purpose to quote only a fragment from the central statement: that the imagination - and, I think, poetry - "reveals itself in the balance or reconciliation of opposite or discordant qualities." This suggests to me that description, logic, and hypothesis, reaching toward higher and higher levels of generality, come finally to an antithesis logic can’t bridge. But poetry, the imagination, can create a vehicle, at once concrete and universal, one and many, similar and diverse, that is capable of bridging the duality and of bringing us the experience of a "real" world that is also a reconciled, a unified, real world. And this vehicle is the only expression of language, of words, that I know of that contradicts my quotation from Lao-tse, because a poem becomes, like reality, an existence about which nothing can be said in words worth saying.
Statement can also achieve unity, though without the internal suspension, of variety. For example, All is One, seems to encompass or erase all contradiction. A statement, however, differs from a work of art. The statement, All is One, provides us no experience of manyness, of the concrete world from which the statement is derived. But a work of art creates a world of both and many, a world of definition and indefiniteness. Why should we be surprised that the work of art, which over-reaches and reconciles logical paradox, is inaccessible to the methods of logical exposition? A world comes into being about which any statement, however revelatory, is a lessening.

Knowledge of poetry, which is gained, as in science or other areas, by induction and deduction, is likely to remain provisional by falling short in one of two ways: either it is too specific, too narrow and definite, to be widely applicable - that is, the principles suggested by a single poem are not likely to apply in the same number or kind in another poem. Each poem in becoming generates the laws by which it is generated: extensions of the laws to other poems never completely take. But a poem generated by its own laws may be unrealized and bad in terms of so-called objective principles of taste, judgment, deduction. We are obliged both to begin internally with a given poem and work toward generalization and to approach the poem externally to test it with a set - and never quite the same set - of a priori generalizations. Whatever we gain in terms of the existence of an individual poem, we lose in terms of a consistent generality, a tradition: and vice versa. It is Scylla and Charybdis again. It is the logically insoluble problem of one and many.

To avoid the uncertainty generated by this logical impasse - and to feel assured of something definite to teach - we are likely to prefer one side or the other - either the individual poem or the set of generalizations - and then to raise mere preference to eternal verity. But finally, nothing is to be gained by dividing the problem. A teacher once told me that every line of verse ought to begin with a capital letter. That is definite, teachable, mistaken knowledge. Only by accepting the uncertainty of the whole can we free ourselves to the reconciliation that is the poem, both at the subconscious level of feeling and the conscious level of art.

One step further before we get to the main business of the paper. Questions structure and, so, to some extent predetermine answers. If we ask a vague question, such as, What is poetry? we expect a vague answer, such as, Poetry is the music of words, or Poetry is the linguistic correction of disorder. If we ask a narrower question, such as, What is a conceit? we are likely to get a host of answers, but narrower answers. Proteus is a good figure for this. You remember that Proteus was a minor sea god, a god of knowledge, an attendant on Poseidon. Poseidon is the ocean, the total view, every structure in the ocean itself. Proteus, the god of knowledge, though, is a minor god. Definite knowledge, knowledge specific and clear enough to be recognizable as knowledge, is, as we have seen, already limited into a minor view. Burke said that a clear idea is another name for a little idea. It was presumed that Proteus knew the answers - and more important The Answer - but he resisted questions by transforming himself from, one creature or substance
into another. The more specific, the more binding the question, the more vigorously he wrestled to be free of it. Specific questions about poetry merely turn into other specific questions about poetry. But the vague question is answered by the ocean which provides distinction and nondistinction, something intellect can grasp, compare, and structure, and something it can neither grasp, compare, nor structure.

My predisposition, which I hope shortly to justify, is to prefer confusion to oversimplified clarity, meaninglessness to neat, precise meaning, uselessness, to overdirected usefulness. I do not believe that rationality can exhaust the poem, that any scheme of explanation can adequately reflect the poem, that any invented structure of symbology can exceed and thereby replace the poem.

I must stress here the point that I appreciate clarity, order, meaning, structure, rationality: they are necessary to whatever provisional stability we have, and they can be the agents of gradual and successful change. And the rational critical mind is essential to making poems: it protects the real poem (which is nonrational) from blunders, misconceptions, incompetences; it weeds out the second rate. Definition, rationality, and structure are ways of seeing, but they become prisons when they blank out other ways of seeing. If we remain open minded we will soon find for any easy clarity an equal and opposite, so that the sum of our clarities should return us where we belong, to confusion and, hopefully, to more complicated and better assessments.

Unlike the logical structure, the poem is an existence which can incorporate contradictions, inconsistencies, explanations and counter-explanations and still remain whole, unexhausted and inexhaustible; an existence that comes about by means other than those of description and exposition and, therefore, to be met by means other than or in addition to those of description and exposition.

With the hope of focusing some of these problems, I want to establish a reasonably secure identity between a poem and a walk and to ask how a walk occurs, what it is, and what it is for. I say I want a reasonably secure identity because I expect to have space to explore only four resemblances between poems and walks and no space at all for the differences, taking it for granted that walks and poems are different things. I’m not, of course, interested in walks as such but in clarification or intensification by distraction, seeing one thing better by looking at something else. We want to see the poem.

What justification is there for comparing a poem with a walk rather than with something else? I take the walk to be the externalization of an interior seeking so that the analogy is first of all between the external and the internal. Poets not only do a lot of walking but talk about it in their poems: "I wandered lonely as a cloud," "Now I out walking," and "Out walking in the frozen swamp one grey day." There are countless examples, and many of them suggest that both the real and the fictive walk are externalizations of an inward seeking. The walk magnified is the journey, and probably no figure has been used more often than the journey for both the
structure and concern of an interior seeking.

How does a poem resemble a walk? First, each makes use of the whole body, involvement is total, both mind and body. You can't take a walk without feet and legs, without a circulatory system, a guidance and coordinating system, without eyes, ears, desire, will, need: the total person. This observation is important not only for what it includes but for what it rules out: as with a walk, a poem is not simply a mental activity: it has body, rhythm, feeling, sound, and mind, conscious and subconcious. The pace at which a poet walks (and thinks), his natural breath-length, the line he pursues, whether forthright and straight or weaving and meditative, his whole "air," whether of aimlessness or purpose - all these things and many more figure into the "physiology" of the poem he writes.

A second resemblance is that every walk is unreproducible, as is every poem. Even if you walk exactly the same route each time - as with a sonnet - the events along the route cannot be imagined to be the same from day to day, as the poet's health, sight, his anticipations, moods, fears, thoughts cannot be the same. There are no two identical sonnets or villanelles. If there were, we would not know how to keep the extra one: it would have no separate existence. If a poem is each time new, then it is necessarily an act of discovery, a chance taken, a chance that may lead to fulfillment or disaster. The poet exposes himself to the risk. All that has been said about poetry, all that he has learned about poetry, is only a partial assurance.

The third resemblance between a poem and a walk is that each turns, one or more times, and eventually returns. It's conceivable that a poem could rake out and go through incident after incident without ever returning, merely ending in the poet's return to dust. But most poems and most walks return. I have already quoted the first line from Frost's "The Wood-Pile." Now, here are the first three lines:

Out walking in the frozen swamp one gray day,
I paused and said, 'I will turn back from here.
No, I will go on farther - and we shall see.

The poet is moving outward seeking the point from which he will turn back. In "The Wood-Pile" there is no return: return is implied. The poet goes farther and farther into the swamp until he finds by accident the point of illumination with which he closes the poem.

But the turns and returns or implied returns give shape to the walk and to the poem. With the first step, the number of shapes the walk might take is infinite, but then the walk begins to "define" itself as it goes along, though freedom remains total with each step: any tempting side road can be turned into on impulse, or any wild patch of woods can be explored. The pattern of the walk is to come true, is to be recognized, discovered. The pattern, when discovered, may be found to apply to the whole walk, or only a segment of the walk may prove to have contour and therefore suggestion and shape. From previous knowledge of the terrain, inner and outer, the
poet may have before the walk an inkling of a possible contour. Taking the walk would then be searching out or confirming, giving actuality to, a previous intuition.

The fourth resemblance has to do with the motion common to poems and walks. The motion may be lumbering, clipped, wavering, tripping, mechanical, dance-like, awkward, staggering, slow, etc. But the motion occurs only in the body of the walker or in the body of the words. It can’t be extracted and contemplated. It is nonreproducible and nonlogical. It can’t be translated into another body. There is only one way to know it and that is to enter into it.

To summarize, a walk involves the whole person; it is not reproducible: its shape occurs, unfolds: it has a motion characteristic of the walker.

If you were brought into a classroom and asked to teach walks, what would you teach? If you have any idea, I hope the following suggestions will deprive you of it.

The first thought that would occur to you is, What have other people said about walks? You could collect all historical references to walks and all descriptions of walks, find out the average length of walks, through what kind of terrain they have most often proceeded, what kind of people have enjoyed walks and why and how walks have reflected the societies in which they occurred. In short, you could write a history of walks.

Or you could call in specialists. You might find a description of a particularly disturbing or interesting walk and then you might call in a botanist to retrace that walk with you and identify all the leaves and berries for you: or you might take along a sociologist to point out to you that the olive trees mentioned were at the root - forgive me - of feudal society: or you might take along a surveyor to give you a close reading in inches and degrees: or you might take a psychoanalyst along to ask good questions about what is the matter with people who take walks: or you might take a physiologist to provide you with astonishment that people can walk at all.
Each specialist would no doubt come up with important facts and insights, but your attention, focused on the cell structure of the olive leaf, would miss the main event, the walk itself.

You could ask what walks are good for. Here you would find plenty: to settle the nerves, to improve the circulation, to break in a new pair of shoes, to exercise the muscles, to aid digestion, to prevent heart attacks, to focus the mind, to distract the mind, to get a loaf of bread, to watch birds, to kick stones, to spy on a neighbour’s wife, to dream. My point is clear. You could go on indefinitely. Out of desperation and exasperation brought on by the failure to define the central use or to exhaust the list of uses of walks, you would surrender, only to recover into victory by saying, Walks are useless. So are poems.

Or you could find out what walks mean: do they mean a lot of men have unbearable wives, or that we must by outward and inward motions rehearse the expansion, and
contraction of the universe; do walks mean that we need structure - or, at an obsessive level, ritual in our lives? The answer is that a walk doesn't mean anything, which is a way of saying that to some extent it means anything you can make it mean - and always more than you can make it mean. Walks are meaningless. So are poems.

There is no ideal walk, then, though I haven't taken the time to prove it out completely, except the useless, meaningless walk. Only uselessness is empty enough for the presence of so many uses, and only through uselessness can the ideal walk come into the sum total of its uses. Only uselessness can allow the walk to be totally itself.

I hope you are now, if you were not before, ready to agree with me that the greatest wrong that can be done a poem is to substitute a known part for an unknown whole and that the choice to be made is the freedom of nothingness: that our experience of poetry is least injured when we accept it as useless, meaningless, and nonrational.

Besides the actual reading in class of many poems, I would suggest you do two things: first, while teaching everything you can and keeping free of it, teach that poetry is a mode of discourse that differs from logical exposition. It is the mode I spoke of earlier, that can reconcile opposites into a "real" world both concrete and universal. Teach that. Teach the distinction.

Second, I would suggest you teach that poetry leads us to the unstructured sources of our beings, to the unknown, and returns us to our rational, structured selves refreshed. Having once experienced the mystery, plenitude, contradiction, and composure of a work of art, we afterward have a built-in resistance to the slogans and propaganda of oversimplification that have often contributed to the destruction of human life. Poetry is a verbal means to a nonverbal source. It is a motion to no-motion, to the still point of contemplation and deep realization. It's knowledges are all negative and, therefore, more positive than any knowledge. Nothing that can be said about it in words is worth saying.